

Sports Meet 2022 BMYuvan 2

From 19th to 21st April 2022, Baba Mastnath University hosted a vibrant Sports Meet 2022 BMYuvan 2, organized by SBMNIPSR under the Faculty of Pharmacy. The three-day event was a celebration of athleticism, teamwork, and perseverance, providing a platform for students to showcase their talents and foster a spirit of healthy competition. Spearheaded by Dr. Ravi Rana as the convener and supported by Dr. Lalit Kumar as the co-convener, the meet was graced by the presence of Dr. Anjana Rao. With 80 participants engaging in various sports and athletic activities, the event was a testament to the university's commitment to holistic education.



The Sports Meet began with an inspiring inaugural address by Dr. Anjana Rao, emphasizing the importance of sports in building character, enhancing physical fitness, and fostering teamwork. The event included a diverse range of sports such as track and field events, team sports like volleyball and cricket, and individual competitions like chess and badminton.



Over the three days, participants displayed exceptional skill and sportsmanship, competing with enthusiasm and determination. The organizing team, led by Dr. Ravi Rana and Dr. Lalit Kumar, ensured the smooth execution of the meet, fostering an atmosphere of camaraderie and celebration.



The Sports Meet 2022 BM Yuvaan 2 served as a significant initiative to promote physical health, mental well-being, and community engagement. Sports play a vital role in developing life skills such as discipline, leadership, and resilience, which are essential for personal and professional growth.



This event also aligns with the United Nations Sustainable Development Goals (SDGs), particularly SDG 3 (Good Health and Well-being) and SDG 4 (Quality Education). By encouraging active participation in sports, the meet highlighted the role of physical activity in enhancing overall well-being and contributing to the development of well-rounded.



The Sports Meet witnessed the enthusiastic participation of 80 students and faculty members, who engaged in various events that tested their physical endurance and strategic thinking.

The meet not only encouraged physical fitness but also nurtured a sense of community and mutual support among participants. By promoting the values of sportsmanship and teamwork, the event left a lasting impact on the university's culture, inspiring more students to embrace an active lifestyle.



The Sports Meet 2022 BMYuvan 2 was a resounding success, showcasing the importance of sports in fostering physical and mental well-being, unity, and excellence. By providing a platform for students to challenge themselves and celebrate their achievements, the event reaffirmed Baba Mastnath University's dedication to holistic education and the promotion of sustainable, healthy lifestyles in alignment with global goals.